



STOP & JOT NOTES

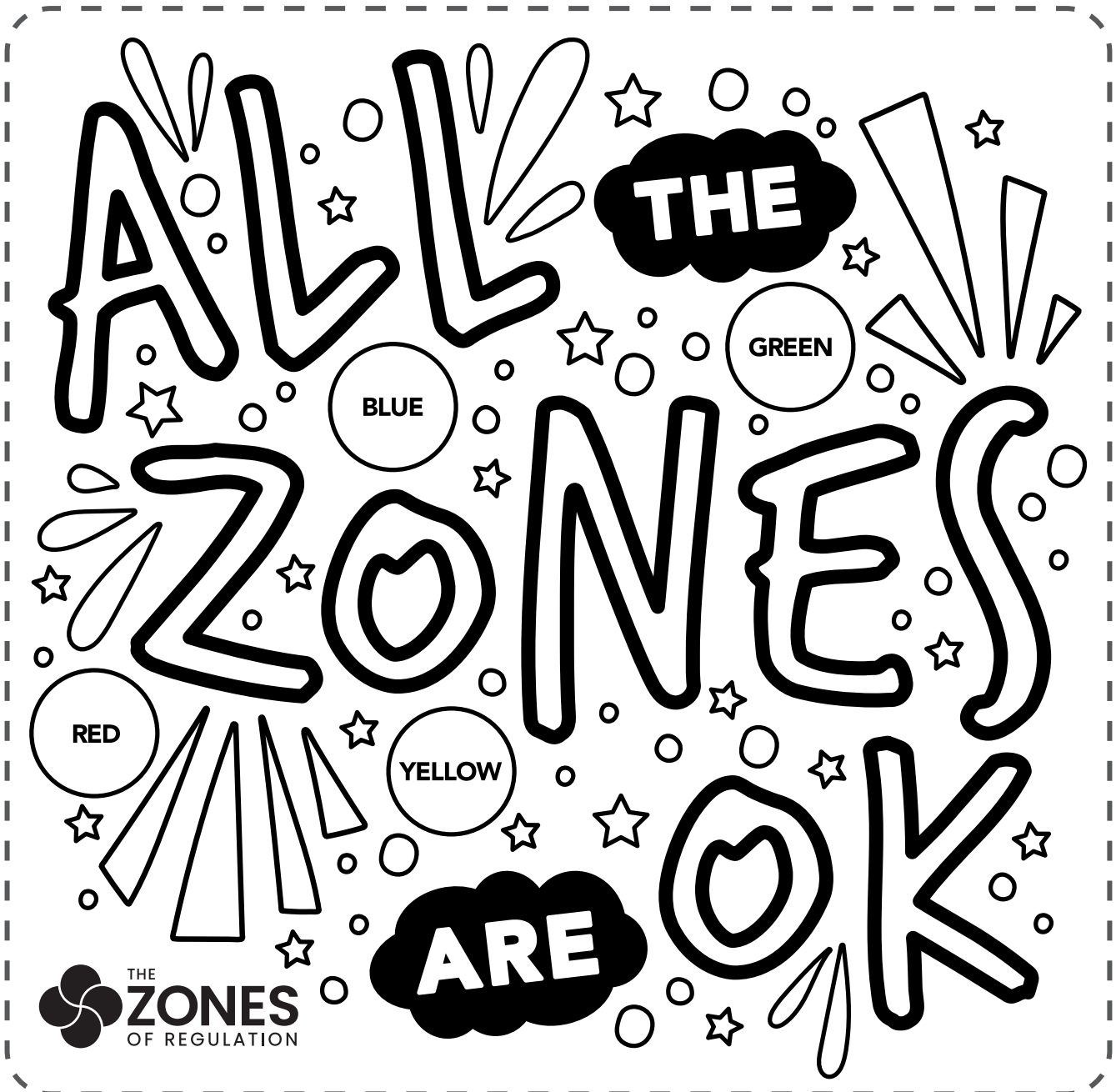
SCHOOLWIDE IMPLEMENTATION TRAINING

These Stop and Jot Notes will help you to synthesize important concepts from today's training.

GUIDING PRINCIPLE OF THE ZONES OF REGULATION

DIRECTIONS

This statement is one of the key foundational principles of The Zones of Regulation Framework. Color in the statement to put up in a prominent place in your office or school to remind everyone that "All the Zones are OK"

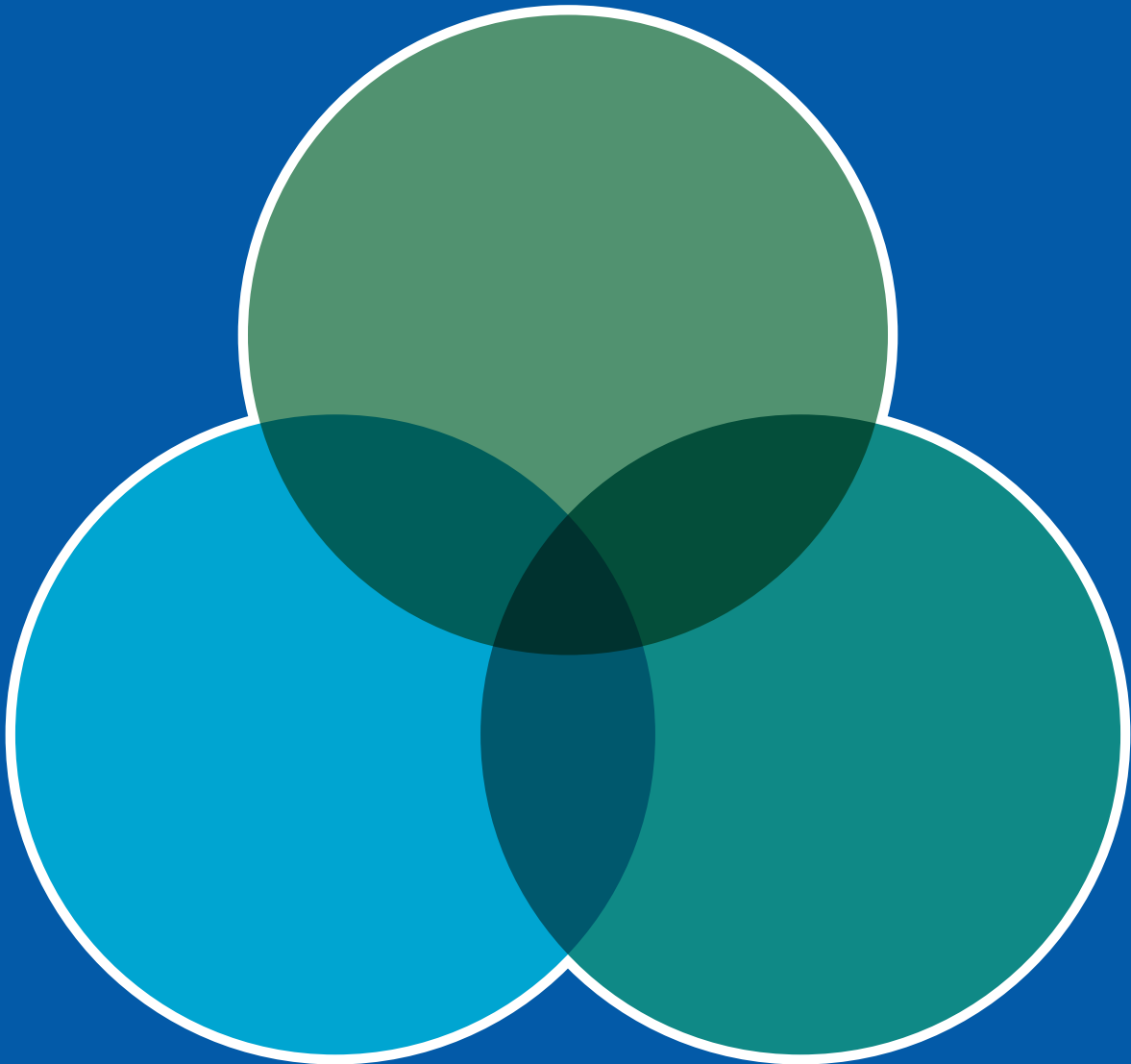


THE BIG PICTURE OF SCHOOLWIDE ZONES

DIRECTIONS

Fill in the diagram with the components of Schoolwide Zones Implementation

Schoolwide Zones of Regulation is
NOT just about students...



UNIVERSAL PRACTICES

– DIRECTIONS –

Fill in the blanks below.

5

Universal Practices

SCHOOLWIDE
ZONES

- 1 ALL students taught lessons from _____ curriculum
- 2 Common Zones _____ across building
- 3 Common Zones _____ used by all staff in all settings
- 4 Regular opportunities for students & staff to _____ with their Zones
- 5 Easy access to Zones' _____ for students & staff

IMPLEMENTATION PHASE 1: EXPLORATION

EXPLORE AND REFLECT

DIRECTIONS

Pick one or two of these questions to answer as you assess the current state of social emotional learning (SEL) in your school or district.

DATA regarding social/emotional/behavioral needs?

STAKEHOLDERS
to communicate with?

TRENDS in SEL skills
or school climate?



SEL PRACTICES that have/haven't been working?

IMPLEMENTATION PHASE 2: DEVELOPMENT

FOUNDATIONAL PLANNING

DIRECTIONS

Fill in these foundational planning steps as they relate to your school site.

THE WHY

Why is The Zones of Regulation going to benefit your school community? *(establish buy-in)*

LEADERSHIP TEAM

RESOURCES TO OBTAIN

Including training, curriculum books, supplementary resources

IMPLEMENTATION PHASE 2: DEVELOPMENT

DEVELOP A PLAN

DIRECTIONS

What is this going to look like at your school?

WHO is teaching lessons?

WHEN will lessons be taught?

HOW OFTEN will lessons be taught?

WHICH lessons/concepts are essential this year?

WHICH systems are crucial to get up and running this year?

HOW are we going to train staff?

HOW are we going to communicate with parents/caregivers?

IMPLEMENTATION PHASE 3: INSTALLATION

TRAINING

DIRECTIONS

How are you going to communicate with staff about The Zones at your school?

What are our goals for training?

When will we train staff? *(May have different sessions for teachers and school support staff.)*

What specific points do we want to cover in training?

How can we generate buy-in and engagement?

IMPLEMENTATION PHASE 4: INITIAL IMPLEMENTATION

CREATE A PACING GUIDE

DIRECTIONS

In the Initial Implementation Phase, we have finally gotten to the fun part where we begin working with our students.


Many schools find it helpful to create a pacing guide for the year, below is an example of a simple worksheet that can be used for this purpose.

**USE THE FULL SIZE WORKSHEET FOUND
IN YOUR HANDOUTS**

Schoolwide Zones of Regulation
IMPLEMENTATION PLANNING WORKSHEET

This worksheet is designed to be used in tandem with the [Schoolwide Zones of Regulation Implementation Guide](#). Please note that easy access to [The Zones of Regulation Curriculum](#) is essential to implementation, as well as [training](#) for leadership teams and instructional staff.

DATE RANGE					
GOALS					
SYSTEMS					
STAFF TRAINING & SUPPORT					
LESSONS/ CONTENT TO COVER					
MATERIALS NEEDED:					

 THE ZONES OF REGULATION

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IMPLEMENTATION PHASE 5: FULL IMPLEMENTATION

SUSTAINABILITY PLANNING

DIRECTIONS

Think through how you will ultimately build in consistency, accountability, and data collection measures to support this work.

Consistency

How will you provide consistency through accountability?

Support

How will you provide ongoing support for staff?

Data
Collection

How will you collect data?
