



Links to resources for 2021 Zones of Regulation Kick-Off Event

1/12/21 7:00pm CT

Hi everyone! Here are the links from our 2021 Zones Kick-Off event.

For those of you who are NEW to The Zones, the very best ways to gain foundational knowledge is by diving into the **core curriculum**: <https://www.zonesofregulation.com/core-materials.html> and/or attending one of our **Webinars**: <https://www.zonesofregulation.com/live-webinars.html>.

COVID-19 Teaching Resources Page: <https://www.zonesofregulation.com/covid-19-teaching-resources.html>

Create a Zones Check-In for Home:

https://www.youtube.com/watch?time_continue=8&v=66ogmkG98pl&feature=emb_logo

Flipgrid Zones Check-in Demo: <https://flipgrid.com/80293127>

Virtual Calming Room example via MN District 196: <https://www.district196.org/about/calm-room>

Zones of Reg Tools to Try Cards: <https://www.zonesofregulation.com/all-new-tools-to-try-card-decks.html>

Moving Into The Zone Workshop with Move Mindfully Feb. 24th: <https://1000-petals.com/wp-content/uploads/2020/09/Moving-Into-the-Zone-Flyer-3-2.pdf>

Zones Book Nook: <https://www.zonesofregulation.com/zones-book-nook.html>

Zones Apps: <https://www.zonesofregulation.com/apps.html>

Zones Downloadable Handouts: <https://www.zonesofregulation.com/free-downloadable-handouts1.html>

Sharing The Zones- Digital Use Guidelines: <https://www.zonesofregulation.com/sharing-the-zones.html>

Certificate of Completion 1 Hour CEU Found at: <https://www.zonesofregulation.com/certificate-of-completion.html> Code: Zoneswebinar

Equity and SEL Resources: <https://www.zonesofregulation.com/equity-in-sel.html>

The Innocent Classroom: <https://innocentclassroom.com/>

Have a great idea/resource to share? Email: emily@zonesofregulation.com